Dear Parents and Caregivers,

WELCOME BACK!

I welcome each and every one of you to the 2015 College year. This week, 960 students in our school began the next step in their educational journey at Bethany. This is a large student body sustaining the College to its full capacity. As I have interacted with students, parents and staff during these first few days, I have been struck by the high level of enthusiasm and sense of poise and ambition in each encounter. New students at all levels are receiving strong support and the strong connections between our students have been re-established. Our theme for the year will be “Together, we grow”, our vision for learning at Bethany. Students and teachers are all learning together in this special place. We are all very excited about the possibilities of each and every one of us extending ourselves for others and as a consequence, reaching for milestones we never dreamed we’d reach!

I particularly welcome our new Year 7 students (“The Waratahs”) to the College and the new members of staff who have joined our community:

- **Mr Brian Culleton** (English/R.E. teacher)
- **Mrs Mary Matthews** (H.S.I.E. Coordinator)
- **Mr David Martin** (H.S.I.E./R.E. teacher)
- **Mr Stefan Roberts** (Music teacher)
- **Mrs Sarah Rowland** (T.A.S. Coordinator)
- **Mrs Jennie Stiles** (T.A.S. teacher, in a job-share with Mrs Kalaitzis)
- **Miss Katerina Stratilas** (College Counsellor)
- **Mrs Jane Sullivan** (H.S.I.E./R.E.)

We also welcomed back **Mrs Kelly Smit, Mrs Beth Oliver and Ms Enza Criniti** who have returned to the College after periods of leave. They will be in job-sharing arrangements with Mrs Melanie Bullock, Mrs Michelle Barrass and Mrs Rachael Colreavy.

There have been a few changes to the leadership and curriculum structures at the College as a result of the late appointment of Mr Conroy to the Assistant Principal-ship at St Mary’s Cathedral College. **Mr Stephen Bishop** is our acting **Leader of Learning** with **Mrs Anne-Maree Donnelly** taking up the role of **Acting Mathematics Coordinator**.
There have been some changes to the Pastoral Team with the ongoing progression of students and expansion of services:

- **Year 7:** Mr Robert Gough
- **Year 8:** Mrs Katrine Barnes
- **Year 9:** Mrs Laura Rizzo
- **Year 10:** Mr Stephen Donlan
- **Year 11:** Miss Anne Sukkar
- **Year 12:** Miss Linda Robinson
- **Counsellor:** Miss Katerina Stratilas, who will be here full-time with the exception of Thursday Recreational Sport time.

### Opening School Mass

All of our students and teachers were present this week at our College Commencement Mass which took place in Yallunga Hall on Friday 30 January. This significant event, officially celebrated the beginning of the school year and was celebrated by Fathers Janusz. Father made the point that in this liturgical year, we will hear much from the Gospel of Mark which is a gospel that is rightly characterized as an action-oriented telling of the story of Jesus. So, it is important to pay particular attention when the Gospel slows down to focus on the teaching of Jesus as it does in the Parable of the Sower which we heard at our Opening Mass.

Jesus begins and ends the Parable of the Sower with Greek word for “hear” (or listen). Parables are puzzles; they demand careful attention. Only those whose hearts are attune to the work of God are able to truly “hear.” The parable is about a sower and a harvest (4:3-8). In Palestine farmers sowed before they ploughed (cf. Jubilees 11:11). Consequently, sown seed will fall on all kinds of ground since the ground will be ploughed after it is sown. Ploughing will reveal limestone rock that lies inches beneath the soil. The crop won’t take root there. Thorns and weeds will grow back in some places more than others. Sowing, however, is generous. The seed is strewn throughout the plot of ground, and the ploughing will root the seed in the ground. The climax of the parable is the harvest. It is a bountiful, unexpected and wondrous harvest. Thirtyfold, sixtyfold and hundredfold yields are beyond the imagination of first century farmers. Yields of five or six were typical in Italy; Nile-irrigated fields in Egypt typically yielded seven. Yields of four or fivefold, however, were typical in Palestine.

Jesus is describing his own ministry. He has come as a herald of the kingdom of God—preaching the good news of the kingdom, healing the sick and calling people to faith and repentance. He is sowing the seeds of the kingdom of God. And there will be an abundant harvest. The kingdom of God will explode in bounty; the kingdom ministry of Jesus will bear fruit. The parable is an assurance that though Jesus has experienced opposition (hard hearts, thorns and weeds, etc.) the kingdom of God will take root, grow and yield an unexpected harvest.

At Bethany, we hold on tightly to Christ, and we hold on tightly to one another, and that’s what allows us to live by faith. We’re growing together, making progress together. We dedicate ourselves to our College theme for 2015 and Vision for Learning:

**TOGETHER, WE GROW**

I urge all of our students, as the apostle Matthew urged us, to live a life worthy of the calling you have received, to make whatever changes of mind and changes of behaviour that will allow you to contribute from your heart to the life of this Bethany family. Be the change you want to see and help make the Kingdom of God REAL at Bethany. Take seriously what it means to be part of the Bethany community.
In secondary school, there are two types of work, **Compulsory Work** and **Independent Learning**. **Compulsory Work** involves all the things that your teacher specifically tells you to do such as:

- Homework
- Assignments
- Preparing for tests

**Independent Learning** involves all the additional things you need to do if you have no other compulsory work that night, to improve your understanding of your subjects, such as:

- Reading
- Reviewing what you have been learning at school that week
- Extra practise on questions you find hard
- Research on an area you are interested in learning more about
- Making a mind map about what you have been learning
- Making study notes on a topic
- Reading ahead in your textbook
- Improving your study skills
- Doing work from a different textbook or study guide for one of your subjects (check the school library, local library and bookshops)

Secondary school is NOT like primary school. You do not limit yourself to only doing the compulsory work set for you by your teachers. In the first two years of high school, you should be doing about 1.5 hours each night and gradually increasing to 3 hours per night in Years 11 and 12. What do you do in that 1.5 hours?

1. Do your compulsory homework first. Not every subject will give homework every night.
2. Then work on assignments you have or tests that are coming up.
3. If these two things take less time than 1.5 hours to complete, then use the rest of that time to start independent learning work.

So learn more this year about how to improve your results and be more efficient and effective with your schoolwork by working through the units on www.studyskillshandbook.com.au. Our school’s access details are:
Username: bethanyhurstville
Password: 65success

**ERRATA**

The Student Planners have Miss Gereige incorrectly listed as the Vocational Learning Teacher-in-Charge due to the publishers incorrectly using the 2013 data on file. Miss Gereige is the **Vocational Learning Coordinator**. Please amend your planners to reflect this.
Exemptions and Leave Requests

There have been changes this year to the way schools are asked to manage exemption from school requests. It is the duty of the NSW State government to ensure that every child receives an education of the highest quality and it is the duty of parents to comply with the compulsory education requirements of the Education Act 1990. As such, in the case of students of compulsory school age (less than 17 years) who are enrolled in a school, applications for exemption from school attendance must be submitted in advance.

- **Exceptional domestic circumstances**, subject to being satisfied that this is in the best educational interests of the child
- **Other exceptional circumstances such as health of the student** where sick leave or alternative enrolment is not appropriate
- The child being prevented from attending school because of a **direction under section 42D of the Public Health Act 1991**
- **Employment in the entertainment industry or participation in elite sporting events for short periods of time** i.e. for one or two days, and at short notice exemption are very clear.

From the commencement of 2015, when I receive Applications for Exemptions from school, students travelling during school terms are not to be exempted. Do not complete the Exemption application if you wish to take your daughter on leave for a vacation. The following table indicated processes and procedures that need to occur. All forms can be located on the College website or alternatively, requested from the Main Office.

### Summary of Forms
All parent forms are available through the College website to be downloaded.

<table>
<thead>
<tr>
<th>Reason</th>
<th>Form Code</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>Holiday/Travel greater than 10 days</td>
<td>A1</td>
<td>Application A1_Application for leave</td>
</tr>
<tr>
<td>Exemption from Attendance at school</td>
<td>A2</td>
<td>Application A2_Application for exemption from Attendance at school</td>
</tr>
<tr>
<td>• Exceptional circumstances</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Employment in entertainment industry</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Participation in elite arts/sporting event</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Exemption from Enrolment at School (For reasons other than employment/traineeship/apprenticeship)</td>
<td>A3</td>
<td>Application A3_Application for exemption from Attendance at school</td>
</tr>
<tr>
<td>Application for Exemption from Enrolment at School for the purpose of completion of education by completion of a full time apprenticeship or traineeship commencing in Year 10</td>
<td>A4</td>
<td>Application A4_Application for Exemption from Enrolment at School for the purpose of completion of education by completion of a full time apprenticeship or traineeship commencing in Year 10</td>
</tr>
<tr>
<td>Notice of intention to undertake full-time employment and/or training (for students under the age of 17 who have completed Year 10 of Secondary Education)</td>
<td>A5</td>
<td>Application A5_Notice of intention of full employment</td>
</tr>
<tr>
<td>Part Day/Time Exemption (Short Term Alternative Education Program)</td>
<td>A6</td>
<td>Application A6_Part Day/Time Exemption (Short Term Alternative Education Program)</td>
</tr>
</tbody>
</table>
Why such a strict protocol around attendance? The broad message from recent longitudinal research is that there is a close relationship between school attendance and academic performance: every day counts. Moreover, the effects of non-attendance accumulate over time. Days missed in Year 3, for example, are detectable in the years ahead. This is important and has not been, until now, documented in the literature. This is not a trivial issue.

We will continue to work with our students at ‘lifting’ our attendance rates. Students should only be on sick leave at home when they are genuinely ill with infectious or serious ailments. Students with chronic conditions work hard to overcome issues and we are so proud of their efforts to catch up on work and submit their assignments. I would urge parents to support the College in setting the expectation and pattern about attendance early. Please make it a priority to take your holiday breaks in published school vacation periods only.


Our mantra:
Girls can do anything.
Bethany girls can do everything!*
(*except divide by zero)

Vicki Lavorato
Principal
Welcome to the 2015 school year at Bethany College. Beginnings are always very exciting with the promise of fresh starts and building on skills learned previously. Over the course of the year I will be providing parents with what I hope to be helpful information and tips to support their daughter’s learning. The start of the school year is the perfect time to create or organise a space and routine for home study and set expectations. Students are all different and so are the subjects they study for. Sometimes homework and study is best done independently, however at other times working with a partner or group can also be very effective.

In the middle school years homework is most often a revision of work covered in class that day, finishing class tasks, or working on assignments/projects and should take between one and two and a half hours per night, however there may be peak times, such as preparation for exams when this time can be exceeded. In senior school homework also includes the ongoing creation of study notes using the subject syllabus as a guide and requires greater independence from the students. It would not be unusual for senior students to be regularly undertaking 3 hours of study a night.

Parents can play a very important role in supporting their daughter’s study routine at home. Taking an active interest in homework tasks, ensuring your daughter is writing homework in her diary and you are signing off each week is an important part of the partnership between parents and the College. Having a family calendar where students write due dates for assessment tasks also allow you to help them with their organisation. If you have any concerns about the work that is set, or if your daughter is struggling with the workload or understanding a set task, encourage them firstly to speak directly to their teacher or contact your daughter’s teacher via reception if she is still experiencing difficulty.

Once the trip to Officeworks/Big W/KMart is complete, your daughter will need to ensure she has a space to put all her purchases to good use:

**Setting up your Home Study Environment**

**QUIET/PRIVATE:** It is important that your daughter has a space that allows her to focus and have quiet periods when necessary. Some students find this difficult to achieve at home and have found that staying after school for an hour or so and working in the school or local library is one way of dealing with this situation.

**DISTRACTION FREE:** We all intend to be strong when trying to deal with distractions but the reality is that willpower is rarely enough. It is much better if temptation is removed. In the periods when your daughter is working on schoolwork, turn off the internet (get her to download school material first), and the iPod. Turn off/remove the mobile phone and remove all distractions – not for the whole night, just the blocks of time when they are focusing on schoolwork.

While it is not at all popular with many students, it is worthwhile having a place in the kitchen/living room where mobile phones go when students get home. (All phones, not just the girls’). Phone/internet addiction is becoming an increasing issue with young people … but more on that another time!
**MUSIC:** You can listen to music if you are doing work that doesn't require much effort or concentration—cleaning your room/study space/ peeling the potatoes... However, if you are doing anything that is difficult, requires effort, requires you to think, understand or remember information you should switch the music off. If your daughter is trying to study for a test while music is on, they may not think it is having an effect on them. But all the brain research on memory agrees that it is actually going to take them much longer to learn and remember the information. (The only music that helps your ability to concentrate or focus is baroque music playing softly in the background- so get them to get some Bach, Handel and Vivaldi on their iPods as a compromise!).

**COMPUTERS & MOBILE PHONES IN BEDROOMS:** The general rule is that if your daughter is not very self-disciplined, and find it hard to resist the attractions of the computer and phone, then keep them in a public space in the house or work in a space where people are more likely to notice them getting distracted from their schoolwork ie going to other sites when they are supposed to be working on an essay! In addition it is good practice to set a time to turn off devices, say 9.30/ 10 pm. (I know some parents who take the router and their daughter’s phones to bed with them!)

**SUPPORTIVE CHAIR:** It is really important that students have a comfortable and supportive chair. Generally your feet should sit flat on the floor with your legs at a 90 degree angle to the knee. There should be support in the small of the back and the forearms should sit flat on the desk. Considering the amount of time they are going to spend studying; it is a great idea to have a proper adjustable office chair.

**GOOD LIGHTING:** Natural light is preferable, but not always available. If you need to have a light on you should have both the room light and a desk lamp on. Try and avoid fluorescent lights. Have the desk lamp situated so the light is shining onto your work, not into the eyes.

**CLEAR WORKSPACE:** A cluttered workspace means they will waste time looking for things and become distracted by the bits and pieces in front of them. A clear workspace sets the tone for the way they will approach your work. It is best there is a large space to work on. A box or basket is good to have next to the desk, where you can pop any scrunched pieces of paper/worksheets that are found on the floor/ under the bed, because if you throw it away, Murphy’s law says she will need it for an assignment tomorrow!

**STORAGE:** You need somewhere to keep your past and current work for each subject in an organized manner. Some students use shelves in their rooms, other students use a cupboard or plastic tubs for storage or even a filing cabinet. Keep all the work and books for each subject together. Also have somewhere you can keep the current things you need to work on like assignments in easy reach.

**NOTICEBOARD:** A large pinboard and calendar are great to help keep important pieces of paper handy (such as assessment notifications) and important dates in your focus.

**VENTILATION:** It is important to have fresh air and oxygen flowing into your room to help keep you mentally alert. If you are unable to open your window then take regular breaks where you walk outside and get some fresh air.

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**Uniform**

The College uniform requirements are available in the student planner. I have congratulated the vast majority of students who are wearing the uniform correctly at a recent assembly, and would like to take the opportunity to thank you for your continued support in 2015. There have been three main changes:

1. Sport shoes are no longer required to be white, however they are to be supportive, lace up shoes, not boots or canvas casual shoes such as converse or vans;
2. Bethany sport socks are now required, and students have until Week 4 to acquire these from the uniform shop.

3. Nails should be natural looking and kept to an appropriate length to allow students to conduct school work unimpeded and prevent a student harming themselves or others. Only clear nail polish may be worn. No French tips will be permitted. Students will be given until Week 3 to have their nails corrected and after that time students will be excluded from class until they meet College requirements.

Students who arrive at school and are unable to meet the requirements (for example, piercings or acrylic nails that cannot be removed) may be removed from class, and set private work that day. The College also reserves the right to ask students to remain at home until they can meet the requirements.

**School Special Buses**


I have been advised by Transdev that they will make no alteration to the number of busses sent to the college until all students have been allocated passes. Once that has taken place we will monitor the situation and if necessary ask for an audit to be undertaken by Transdev.

Students with work commitments: Please note that school finishes at 3.15, and students should be cautious about making commitments to start work too close to that time. School specials are at times delayed, and while we have a process by which students may seek dispensation through the Assistant Principal to board the first bus, this is only granted once all Year 7 students and transport monitors are on board.

**Drop off and Pick Up**

Croydon Rd and Forest Road are extremely busy and potentially dangerous places to drop off and pick up from. Parents should not attempt to drop their daughters off in these places. All parents should use Waratah St to drop off and pick up their daughter. It would be wise, considering the congestion to encourage your daughter to use public transport or perhaps walk to a nearby street for pick up.

A reminder that there is no parent access to the College car park between 3.00 and 3.30pm to allow students safe access to the Croydon Rd buses.

**2014 Semester 2 reports**

Please be advised that Student Services will keep hard copies of Semester 2 reports that have not been collected by students until the end of Week 3 this term after which remaining reports will **shredded**.

**Health Forms**

A number of letters were distributed home at the end of last year regarding asthma, allergies and anaphylaxis. Please return this information to student services, allowing us to update our records and ensure continued care of your daughters.

*Jacinta Russo*

*Assistant Principal*
WHAT’S BEEN HAPPENING IN RELIGIOUS EDUCATION

Remembering Father Frank

Our beginning of Year Mass was dedicated for the repose of the soul of Fr Frank Bendeich former Chaplain of Bethany College who died on Wednesday morning.

Fr Frank was an integral part of Bethany College. His particular concern for all students and staff and his commitment to the growing Bethany community would see him sitting in the playground having lunch surrounded by students. His love of the Australian landscape and bushwalking led to him being one of the foundation teachers of the Duke of Edinburgh program at the College.

Fr Frank’s deep commitment to the Eucharist and celebrating the Sacraments saw many students become Catholics during their time at Bethany College, supported by Fr Frank. His commitment to promoting women in ministries in the Church, attendance at senior Retreats and Reflection Days and his openness to all, made him a significant friend to staff, students and parents alike. His passion for the St George Dragons, starting and finishing his homilies with a joke and references to the antics of the cartoon character Snoopy in his stories were ‘signatures’ of Fr Frank. His valiant and humble acceptance of his diagnosis with Parkinson’s disease will ever be remembered by all.

The garden just outside Yallunga with the statue of St Francis of Assisi was dedicated to Father Frank and his love of the natural world in 2011. All invited to take time to pause at Fr Frank’s garden and to say a prayer or to leave a flower in remembrance of Fr Frank. Alex, Sara and Alana at Fr Frank’s garden.

It is with great love that we remember Father Frank

Mass Celebrating the Beginning of the Academic Year

Bethany College came together to celebrate the beginning of the academic year on Friday 30 January 2015 at our opening Mass, officiated by Fr Janusz, Parish Priest of St Michael’s Hurstville. At the Mass, Year 7 and all new students to Bethany College were welcomed and blessed. Thank you to all who took an active ministry in the Mass, to Mr Currao who prepared the liturgy and to Mrs Moroney who oversaw the music and singing. It was a wonderful celebration of our Catholic community.
Being Catholic Program

Students from non-Catholic primary schools have begun the Being Catholic program this week. It will run for six meetings addressing areas such as the Sacraments, the structure of the Catholic Church and what you see inside a Catholic Church.

A prayer for the start of the school year

Lord Jesus, we ask for Your help as we begin this new school year. Allow us to experience Your presence in the many blessings You put before us. Open our eyes to the new challenges and exciting opportunities that this new school year brings. Open our hearts and minds to new friends and new teachers. Give us a generous spirit to be enthusiastic with our studies and courage to accept new opportunities. Help us to be attentive to one another and let us experience Your presence in our new friends. Give us insight to see realistically “what is”; but make us dreamers and give us vision of all the possibilities for “what can be.” Use us as your instruments to form, inform, reform, and transform those who come to us. Help us to be empathetic to others in our community and to respond to the call to be people of justice to those in our world who live in poverty and need our prayers and support. Jesus, inspire us to make the most of 2015! We make this prayer in your name Jesus – Amen.

Mary Kleist
Leader of Religious Education and Mission

FR RON HARDEN

Fr Ron Harden, Parish Administrator at St Michael’s Hurstville sadly passed away on Monday 2 February.

He was with the Parish for 36 years and was instrumental in the formation of Bethany College.

A full tribute will be included in the next newsletter.
TRIBUTE TO FATHER FRANK BENDEICH

Father Frank Bendeich will be remembered as a kind and wonderful priest who ‘lived’ our college motto, Act justly, love tenderly and walk humbly with your God. He influenced the lives of many students and staff over the years as priest and school chaplain of St Joseph’s Girls High School and Bethany College and long serving parish priest at St Joseph’s Rockdale. The enormity of his legacy has been demonstrated by the outpouring of sadness that followed news of his death on January 28, 2015 within the Bethany community and on social media by former students.

Fr Frank had a strong commitment about the education of girls in the St George area and was a powerful voice in the foundation of Bethany College. His vision was for a catholic girls’ school of excellence that would cater for the diverse needs of the population of the area that was Christ centred and provided a safe and loving environment for students and staff where each student would be guided to achieve their personal best. His interest in people and his local knowledge of many of the families in the area provided a valuable pastoral link to the Bethany community.

His personal style of priesthood was humble and open and he was able to connect with students easily and guide their spiritual growth with his friendly manner, his willingness to listen and advise and explain the workings of the Catholic Church. He was regularly in the school playground talking to students and helping wherever he could. His homilies were memorable and students looked forward to his pictures to illustrate his points and the jokes that began and ended his masses. His constant companion was Snoopy and his love of the Dragons and many kindnesses endeared him to everyone. His presence on retreats and reflection days was invaluable and many ex students have commented on how much he had influenced their lives. Common memories included his non judgmental manner, his wicked sense of humour and that nothing was too much trouble for him.

Fr Frank passionately loved bushwalking and nature and was an important factor in the continuing success of the Duke of Edinburgh Program at Bethany. His meticulous planning and participation in the challenging bushwalks continued until his health made it impossible for him to continue. We discovered that Fr Frank wrote poetry about his love of bushwalking and below is an excerpt from ‘White Dog’ written in 1968.

    I’ve trembled as the flooded Cox
    And all its waters roared along.
    I’ve laughed above the sparkling rocks
    And filled my soul with joyous song.
    I’ve felt all the moods of Australia’s bush
    Upon that winding four mile track.
    I’ll return there; I’ll need no push
    To take my pack and wander back

In recent years as his health failed his courage and endurance was a blessing and inspiration for our school community. His daily visits by taxi from the nursing home demonstrated his love of Bethany College and his enjoyment of each person in the community. He shared his endless supply of chocolate and offered to help in any way he could. His courage and determination to carry on despite a devastating illness was a true gift to experience for the whole school community. Now he has been set free from his frailty and can return to his favourite places with his pack and wander back as he promised.

Wendy Munro                          Jann Symes
Welcome to all the Year 8 students who have started their Italian lessons with either Mr. Gianni, Mrs. Colreavy or Mrs. Criniti. We hope that you enjoy learning something new or continuing with a language that you are already familiar with.

Students who are starting or continuing their Language studies with either the Open High School or Saturday School of Community Languages should have received notification by now about their 2015 studies. Students are reminded that Saturday classes commence this weekend, 7th February. If you have not yet received news about your enrolment, please contact Mr. Gianni through Student Services.

For more information about what the Open High School or Saturday School of Community Languages can offer you, go to these websites or arrange to see Mr. Gianni.

https://sites.google.com/site/theopenhssydney/

Marco Gianni
LOTE Teacher in Charge
“If you don’t have confidence, you’ll always find a way not to win.”
- Carl Lewis
9 Olympic Gold Medals

PDHPE Double Period Practical Lessons

Students will be walking to Evatt Park to participate in Practical PE lessons (when this is a double period). This is a short distance from the school. This will only occur during PE lesson time, so that other learning experiences are not impacted on. Due to the limited space available at school, walking to the park will enable us to provide your daughter with greater opportunities in a wider range of physical activities. If you have any concerns or questions please contact Mr Guthrie (PDHPE Coordinator) at the school on 8566 0711.

Swimming Carnival

The Bethany College Swimming Carnival is a great opportunity for the students to participate in one of the many whole school activities. This is a normal school day and there is an expectation that all students will attend and show their community and sport house spirit. Parents are most welcome to attend and share in the community atmosphere. The carnival will be taking place on Tuesday 10th February (Week 3) at Ashfield Aquatic Centre.

Representative Sport

Reminder for all students; representative sport trials have commenced at the start of this term. Be sure to check the sports notice board for trial and training times. Best of luck to all students and their sporting endeavours. The Sydney Combined Colleges Competition starts Thursday 5th February (Week 2) and the following sports will be running for Term 1:

TERM 1 Representative Sports
Year 7 – Volleyball
Year 8 & 9 – Volleyball
Years 10, 11 & 12 – Touch Football
All Years – Cricket

Wes Guthrie
PDHPE Coordinator
2015 CGSSSA Gymnastics Team Tryouts with coach Elizabeth Andrews

When: Monday 23 February 2015

Time: 3.30-5.00pm

Where: Yallunga Hall

What to Bring: Please wear appropriate clothing for movement

Email or come and see me in my office if you are interested before the 23rd
katrine.barnes@syd.catholic.edu.au
or Just turn up!

Organising Teacher - Mrs Barnes

*(Please note training will take place on Monday afternoons 3.30-5.00pm)*

**If you train at an outside gym, you are not required to train at school. You will need to attend the training day at Kogarah Gym for the team dress rehearsal.
We are excited to announce that the College musical for 2015 will be “Legally Blonde the Musical Jnr”. Auditions will be held over the coming weeks. Girls are encouraged to look out for notices on Sentral for when auditions will be held. The musical will take place on 26th and 27th November. Students who are willing to take part will be required to commit to Thursday afternoon rehearsals until 4pm (with subject to change), weekend and holiday rehearsals. All students will need to sing in their audition and participate in a dance audition to showcase their talents.

Audition requirements:

**Legally Blonde the Musical AUDITION NOTICE**

**In preparation for your audition for a lead or minor character you must:**
1. Register outside of the Performing Arts staffroom for an audition spot
2. Collect a role description and music
3. Choose a song, from the four options available, from the musical Legally Blonde
4. Prepare up to 2 minutes from your chosen song - This will be an open audition
5. If you are considered for a role you will need to attend a Dance audition the following week as part of the callback process

**In preparation for your audition to be part of the ensemble you must:**
1. Register outside of the Performing Arts staffroom for an audition spot in the ensemble
2. Choose a song, from the four options available, from the musical Legally Blonde
4. Prepare up to 2 minutes from your chosen song - This will be an open audition
5. Take part in a Dance audition

**In preparation for your audition for an ensemble dance role you must:**
1. Register outside the performing arts staffroom for an audition spot
2. Participate in a choreography workshop and Perform in your audition highlighting your movement, comical, vocal and acting skills.

You MUST wear comfortable clothing that allows you to highlight your movement and acting skills. If you have any questions please see Miss Nelson in the Performing Arts office and remember just because you're NOT the best dancer in the room doesn't mean you can't take part, you need to be able to follow choreography and have fun!

*Amy Nelson  
Performing Arts Coordinator*
The Careers program for Year 10 has started with the careers lesson once every 2 weeks and Careers interviews continue for the Year 12 students.

Lunchtime Careers Talks will continue this year with relevant tertiary institutions and begin in Term 2. All students have access to, and are encouraged to visit the Careers Room in the Marian building which is generally open on Mondays, Wednesdays and Fridays at lunchtime. There are also a number of useful careers websites that students will work with during the year as well as school subscriptions that will give access to careers information to both students and parents. Information about these sites will be made available over the term.

Careers News will be published as a separate newsletter beginning next week and all students are encouraged to read this, however, it is essential that Year 12 students read this regularly as this will provide the main form of communicating careers information relevant to them.

Vivienne Gereige
Vocational Learning Coordinator
EXAMPLE FOR SCHOOL NEWSLETTER

NSW SCHOOL IMMUNISATION PROGRAM

NSW Ministry of Health offers all school students free vaccinations recommended by the National Health and Medical Research Council (NHMRC). These vaccines are important and protect students through to adulthood.

In 2015 the following vaccines will be offered:

Year 7 students*
- dTpa vaccine (Diphtheria, Tetanus & Pertussis (whooping cough)) as a single dose
- varicella vaccine (chickenpox) as a single dose; and
- human papillomavirus (HPV) vaccine in a 3-dose schedule at 0, 2 and 6 months for male and female students (students who commence HPV vaccination in Year 7 but do not complete the course may be offered catch-up doses at school into Year 8)

Year 11-12 students*
- measles-mumps-rubella (MMR) vaccine as a single dose as part of a catch-up vaccination program for students who are not fully protected.

* The Parent Information Kits contain a consent form, information sheet and privacy statement that details how personal information will be collected, stored and utilised.

Parent Information Kits will be sent home to parents/guardians. To consent to the vaccination of their child, parents/guardians are advised to:
- read all the information provided
- complete the consent form, including by signing their name next to the vaccine/s the vaccines they would like their child to receive
- return to their child’s school
- ensure that their child eats breakfast on the day of the school vaccination clinic.

Parents/guardians who wish to withdraw their consent for any reason may do so by writing to the school Principal or phoning the school. The Procedure for Withdrawal of Consent is available on the NSW Health website at www.health.nsw.gov.au/immunisation.

To improve vaccination completion, students will be opportunistically offered any missed doses throughout the year where possible.

Please note that for HPV vaccine only, parents/guardians must record their Medicare Number (all 10 digits and the 11th number beside the child’s name) on the consent form, as this is required to record the student’s information on the National HPV Vaccination Register and (for female students only) link to the National or State Cervical Screening Program.

A Record of Vaccination will be provided to each student vaccinated at the clinic. Parents/guardians should ensure that this record is kept for future reference and should not assume that their child has been vaccinated if they do not receive this Record of Vaccination.